

Regulations of the Doctoral Scholarship Program 2027-2028



Table of Contents

1. AIMS OF THE PROGRAM.....	4
2. ELIGIBILITY REQUIREMENTS	4
2.1 CANADIAN CITIZENS OR PERMANENT RESIDENTS OF CANADA, ELIGIBLE FOR THE RAMQ.....	4
2.2 FOREIGN APPLICANTS	4
2.3 ENROLLMENT	5
2.4 FULL-TIME.....	5
2.5 PRESENTATION OF THE RESEARCH PROJECT.....	5
2.6 APPLICATION FORM	5
2.7 RESTRICTIONS	5
2.8 TRAINING AND RESEARCH LOCATION	6
2.9 INTERNSHIP ABROAD	6
3. SCHOLARSHIP ELIGIBILITY PERIOD AND DURATION.....	7
3.1 ELIGIBILITY PERIOD	7
3.2 DURATION.....	7
3.3 PARENTAL LEAVE.....	8
3.4 DEFERRAL OF PAYMENTS FOR REASONS OF SERIOUS ILLNESS OR MAJOR FAMILY OBLIGATIONS.	9
3.5 DEFERRAL OF PAYMENTS FOR ACQUISITION OF RELEVANT EXPERIENCE	9
3.6 EXCEPTIONS FOR PART-TIME ENROLMENT	9
4. SCHOLARSHIP AMOUNT AND PROCEDURES FOR PAYMENT AND USE	10
4.1 AMOUNT.....	10
4.2 PAYMENTS.....	10
5. CONCURRENT FUNDING, SUPPLEMENTS AND OTHER REMUNERATION	11
5.1 CONCURRENT FUNDING AND FUNDING SUPPLEMENTS.....	11
5.2 OTHER REMUNERATION	11
6. CHANGES TO OR TERMINATION OF THE PROGRAM.....	11
6.1 CHANGES	11
6.2 TERMINATION.....	12
7. ANNUAL RENEWAL.....	12
8. REQUIRED DOCUMENTS*	12
8.1 NEW APPLICATION	12
8.2 RENEWAL APPLICATION	13
9. PRESENTATION AND SUBMISSION OF APPLICATIONS.....	14
9.1 PRESENTATION OF APPLICATIONS.....	14
9.2 SUBMISSION OF APPLICATIONS.....	14
10. PROCESSING OF APPLICATIONS	14
10.1 ASSESSMENT OF ADMINISTRATIVE ELIGIBILITY	14
10.2 DECISION REGARDING THE RELEVANCE	15
10.3 EVALUATION OF SCIENTIFIC MERIT	15
10.4 RECOMMENDATION AND ANNOUNCEMENT OF RESULTS.....	16
10.5 INQUIRIES CONCERNING THE EVALUATION.....	16
10.6 ACCEPTANCE OF THE SCHOLARSHIP	16
11. FINAL REPORT AND PUBLICATIONS.....	17

Regulations of the Doctoral Scholarship Program 2027-2028
Institut de recherche Robert-Sauvé en santé et en sécurité du travail (IRSST)

11.1	FINAL REPORT	17
11.2	PUBLICATIONS.....	17
12.	DECLARATION, ETHICS AND INTEGRITY	17
12.1	DECLARATION	17
12.2	RESEARCH ETHICS AND SCIENTIFIC INTEGRITY	17
13.	IRSST'S RESPONSABILITIES	17

1. Aims of the Program

The aim of the Graduate Studies Scholarship and Postdoctoral Fellowship Program of the Institut de recherche Robert-Sauvé en santé et en sécurité du travail (IRSST) is to increase the number of scientists available to meet occupational health and safety (OHS) research needs.

This category of research scholarship is intended for students at the doctoral level wishing to acquire research training in the field of occupational health and safety.

In this perspective, and given the limited number of scholarships available, interested persons may also submit applications to other granting agencies.

Seeking to complement the assistance offered by other granting agencies, this program provides financial support to individuals with particular aptitudes for graduate studies and research.

2. Eligibility Requirements

To be eligible, applicants must meet each of the following conditions:

2.1 Canadian citizens or permanent residents of Canada, eligible for the RAMQ

As of the closing date of the competition, they must have a valid medical card issued by the Régie de l'assurance maladie du Québec (RAMQ) or proof of eligibility for the RAMQ

- a. AND have Canadian citizenship within the meaning of the *Citizenship Act* (R.S.C. 1985, c. C-29)
- b. OR permanent resident status in Canada within the meaning of the *Immigration and Refugee Protection Act* (S.C. 2001, c. 27)

2.2 Foreign applicants

- a. Conduct the doctoral program, for which the grant is requested, in Québec, under the direction or co-direction of an IRSST researcher
- b. AND have been enrolled in a Québec university for at least 2 full-time sessions (or equivalent) of the 3 sessions preceding the competition deadline;

- c. OR have a valid RAMQ card on the competition deadline or proof of eligibility for the RAMQ covering the competition deadline.

2.3 Enrollment

Be enrolled full-time (see point 3.6 for exceptions for part-time enrolment) by no later than January 15, 2028, in one of the following programs:

- a. a doctoral program leading to obtention of a PhD degree
- b. a research-type doctoral program (to qualify as a “research-type” program, the program must include a minimum of 36 credits dedicated to research and lead to the writing of a thesis)
- c. Individuals admitted directly to a doctoral program after completing a bachelor’s degree or who are fast-tracked to a doctoral program must apply to the master’s scholarship program for the first two years of their graduate studies. They are eligible for the doctoral scholarship program only after completing their second year of graduate studies.

2.4 Full-time

Must have been enrolled full-time, as of April 30, 2027, for three year (nine sessions) or less in a doctoral program (see also point 3.1)

2.5 Presentation of the research project

Submit a proposal for a research project that is deemed relevant to the field of occupational health and safety:

- a. A relevant research project is one that aligns with the IRSST’s mission as defined in its [Scientific Policy](#) and with the research areas and themes of the IRSST interest, as defined in its [Reference Framework for OHS Research](#).

2.6 Application Form

- a. Submit the IRSST Scholarship Application Form, duly completed and signed, as well as all other required documents for the scholarship category concerned, by no later than the competition deadline.

2.7 Restrictions

- a. Applicants who are on a sabbatical or a study leave and receiving a salary representing more than 50% of their base salary are not eligible.

However, applicants receiving a deferred salary are not subject to this restriction.

- b. Applicants may not obtain a second IRSST scholarship for the same level of university studies.

2.8 Training and research location

- a. The training and research must be completed at a university or recognized research centre.
- b. This place may be located outside Quebec, only for people who have a valid RAMQ card or proof of eligibility for the RAMQ and Canadian citizenship within the meaning of the *Citizenship Act* (R.S.C. 1985, c. C-29) or permanent resident status in Canada within the meaning of the *Immigration and Refugee Protection Act* (S.C. 2001, c. 27).

2.9 Internship abroad

Applicants holding a valid RAMQ card or proof of eligibility for the RAMQ and Canadian citizenship within the meaning of the *Citizenship Act* (R.S.C. 1985, c. C-29) or permanent resident status in Canada within the meaning of the *Immigration and Refugee Protection Act* (S.C. 2001, c. 27) whose training and research program takes place in Québec may ask the IRSST for authorization to carry out an internship abroad of a minimum of 3 months and a maximum of 12 months, provided that:

- a. This internship takes place in accordance with the training and research program.
- b. The director of research has given their approval.
- c. The workplace meets the IRSST requirements on the elements analyzed in Criterion 3 of the scientific quality assessment (see point 10.3).
- d. The request is accompanied by a certificate of acceptance of the scholarship recipient by the host institution describing the planned activities and the supervision provided.
- e. The IRSST may accept or reject the request at its sole discretion.
- f. Should such a request be authorized by the IRSST, the scholarship amount will be adjusted based on the amounts granted to scholarship recipients whose training and research program takes place outside of Québec.

- g. The IRSST may, subject to financial availability, authorize reimbursement of the expenses for a round-trip travel to the internship location, upon presentation of supporting documents. This reimbursement is equivalent to the cost of a round-trip economy class plane ticket or the cost of transportation by car, up to a maximum of \$2,000.

3. Scholarship Eligibility Period and Duration

3.1 Eligibility period

The scholarship eligibility period refers to the period during which a person is eligible to receive scholarship payments. This period is four years long (12 sessions) for a doctoral scholarship.

- a. The eligibility period is calculated from the time of the first enrolment in the doctoral program.
- b. Sessions completed on a part-time basis are factored into the calculation of the eligibility period according to the equivalences shown in *Table 1*.
- c. Individuals having interrupted their doctoral studies for parental leave or leave for serious illness, or major family obligations will be able to defer the eligibility period by a maximum of one year.

Table 1 Equivalence attributed for part-time sessions

Number of part-time sessions	Number of sessions factored into the calculation of the scholarship eligibility period
1	0
2 ou 3	1
4 ou 5	2
6 ou 7	3
Etc.	

3.2 Duration

- a. The duration of a doctoral scholarship is either a maximum of four years (12 consecutive sessions) or until completion of the doctoral program (final submission of the thesis), whichever is shorter:
- b. If the person obtains a new IRSST scholarship after the beginning of the study program, the eligibility period is reduced by the number of sessions already completed between the first enrolment in the doctoral program and the time when the person receives the scholarship.

- c. No new scholarship of less than one year will be awarded.
- d. The period for using the scholarship begins between May 1 of the year in which it was awarded and January 15 of the following year.
- e. Scholarships may not be transferred from one year to another.

3.3 Parental leave

- a. A scholarship holder is eligible for one parental leave for the entire period of scholarship eligibility.
- b. Parental leave cannot exceed 12 months, the equivalent of three sessions.
- c. A scholarship holder may receive up to two payments, equivalent to two sessions (8 months) during their leave.
- d. If the university allows the scholarship holder to extend this leave for an additional period of four months, this parental leave from the IRSST will, however, be without pay.
- e. The end of the scholarship-funding period is postponed according to the number of leave sessions accorded.
- f. To be eligible for this benefit, a scholarship holder must not be enrolled in a program of study or have a paid job.
- g. In the case that the recipient receives a grant supplement, IRSST parental leave with pay may not be granted to a scholarship holder who would receive a parental leave allowance from a federal or provincial granting agency.
- h. Parental leave is authorized by the IRSST on the condition that the university allows parental leave and that the scholarship holder has informed the person directing the research.
- i. Note that only one parental leave is granted per child. Parents are free to arrange parental leave at their convenience.
- j. IRSST reserves the right to reject any request that is insufficiently justified.
- k. IRSST parental leave can be combined with Québec Parental Insurance Plan.

- I. To receive parental leave, the scholarship holder must ask for it and provide a copy of the medical certificate attesting to the pregnancy and, at the appropriate time, the child's birth or adoption certificate and proof of the suspension of university registration.

3.4 Deferral of payments for reasons of serious illness or major family obligations

- a. The IRSST permits the deferral of one or more payments if studies are interrupted for serious medical reasons or major family obligations, for as long as the university allows.
- b. In this situation, the scholarship is always awarded for the maximum number of eligible sessions.
- c. An official document attesting to the suspended enrolment, and, if need be, a medical certificate specifying the duration and reason for the suspension, must be provided.
- d. The payment(s) will then be deferred to the end of the funding period.

3.5 Deferral of payments for acquisition of relevant experience

- a. The IRSST may authorize the deferral of one scholarship payment (one session) for each complete year of funding awarded to allow the scholarship recipient to acquire relevant experience (work with a research team, teaching experience related to the field of study, language stay, etc.).
- b. A maximum of two deferrals, whether consecutive or not, may be authorized during the program.
- c. The deferral(s) must be approved by the research supervisor.
- d. The payment(s) will then be deferred to the end of the funding period.

3.6 Exceptions for part-time enrolment

- a. Part-time studies are allowed exceptionally for caregivers, parents, and persons with a disability.
- b. A scholarship holder who is serving as the caregiver of a close family member or who is the main person providing care for a young child may exercise the option to enrol in part-time studies and receive partial payment of the scholarship (50%), provided that the university authorizes

part-time enrolment and upon presentation of a medical certificate or other official document justifying the situation.

- c. A scholarship holder who is a person with a disability, within the meaning of the *Act to secure handicapped persons in the exercise of their rights with a view to achieving social, school and workplace* (R.S.C. c. E-20.1), may also exercise the option of enrolling part-time and receive full payment of the scholarship, provided that the university authorizes part-time enrolment.

4. Scholarship Amount and Procedures for Payment and Use

4.1 Amount

- a. The amount of the doctoral scholarship is set at \$23,750 per year for the person whose training and research program takes place in Québec.
- b. The doctoral scholarship supplement is \$6,250 per year.
- c. The amount of the doctoral scholarship is \$25,950 per year for the person whose training and research program takes place outside Québec.
- d. The person whose program takes place partly in Québec and partly outside of Québec must contact the IRSST to agree on the terms that apply to their case regarding the establishment of the scholarship amount.
- e. The person whose training and research program takes place outside Québec is reimbursed, upon presentation of supporting documents:
 - Annual tuition fees exceeding the amount of \$2,500, but up to a maximum of \$9,000 only;
 - Costs of one round-trip per year to the training and research location equivalent to the cost of an economy class plane ticket or the cost of car transportation upon presentation of supporting documents, up to a maximum of \$2,000 per year.

4.2 Payments

The IRSST sends scholarship payments directly to the person holding the grant by direct deposit. The IRSST then provides receipts for tax purposes.

5. Concurrent Funding, Supplements and Other Remuneration

5.1 Concurrent Funding and Funding Supplements

- a. The person holding an IRSST scholarship cannot combine it with other scholarships awarded by the Government of Canada, the Government of Québec, any of their agencies, or a federal or provincial funding organization.
- b. However, they may accept funding from one of the following agencies and receive an annual supplement of \$6,250 from the IRSST for the duration of the funding, on condition that they continue to meet all the requirements and provide all the documents required of an IRSST scholarship holder:
 - Canadian Institutes of Health Research (CIHR);
 - Natural Sciences and Engineering Research Council (NSERC);
 - Social Sciences and Humanities Research Council (SSHRC);
 - Fonds de recherche du Québec – Santé (FRQS);
 - Fonds de recherche du Québec – Nature et technologies (FRQNT);
 - Fonds de recherche du Québec – Société et culture (FRQSC).
- c. Concurrent funding from the private sector (foundations, institutes, companies, universities, etc.) is allowed.
- d. Depending on the standards in force within their affiliated institution, the recipient of an IRSST scholarship may earn additional income solely for working on their research project.
- e. It is allowed to receive a scholarship payment during a mandatory internship in the program, whether paid or unpaid, provided that the supervisor does not object. The IRSST will analyze the request and may authorize or not the payment at its sole discretion.

5.2 Other remuneration

Subject to approval from their research supervisor and provided that the work does not interfere with their research activities, scholarship holders may teach one 45-hour course per session or may accept remunerated work that is relevant to their research field and does not exceed 225 hours per session. For purposes of this regulation, a 45-hour course load is considered equivalent to 150 hours of work.

6. Changes to or Termination of the Program

6.1 Changes

Scholarship recipients may not change their study program and research project during the year, or change institution or research supervisor, without prior written authorization from the IRSST. The reasons for the change must be detailed in a request addressed to the person responsible for the IRSST's scholarship program. The change request will be assessed by the IRSST, which may decide, if applicable, to reduce, suspend, or terminate the payments.

6.2 Termination

When the scholarship holders renounce it or complete their university program during the scholarship validity period, its amount is reduced proportionally. They must inform the IRSST as soon as the date of termination is established and must reimburse any overpayment(s) received.

7. Annual Renewal

To continue receiving their scholarship beyond the first year of funding for the sessions for which they are eligible, scholarship holders must submit a duly completed application for renewal each year. The scholarship is renewed if:

- a. the scholarship holder has applied for renewal in accordance with the established procedures;
- b. the scholarship holder has demonstrated satisfactory progress, according to the IRSST's assessment, in both the study program and research project;
- c. the research project demonstrates continuity (any changes made to the originally planned schedule must be soundly justified).

8. Required Documents*

8.1 New application

- a. The Scholarship Application Form duly completed and signed by the applicant on the [Synto-IRSST portal](#).
- b. The form for calculating the eligibility period, duly completed and signed on the [Synto-IRSST portal](#).
- c. Copies of the official transcripts for all years of university study, whether completed or not.

- The transcripts must be complete and include all grading scales (back of the transcript), for both Québec applicants and foreign applicants. Unofficial electronic versions of transcripts are not accepted.
 - The document explaining the grading system in effect at the institution concerned, for transcripts obtained outside North America.
 - The transcript for a study program currently under way must be the most recent one.
 - If no transcript is issued by the institution where the studies were done, an explanatory letter must be included with the application.
- d. A letter of recommendation (a maximum of two pages) written by the research supervisor who must provide an overall assessment of the applicant and the proposed research project; specify how the project fits in with his or her own work, if applicable; specify the supervision he or she intends to offer the applicant; describe and justify the research environment.
- e. For the research supervisor, and, as the case may be, the co-supervisor, the personal CV (or Canadian Common CV). The CV should contain the following information: training, areas of expertise, academic affiliation, number of publications, selection of the 5 most relevant publications in relation to the candidate's research project. Each CV must be limited to a maximum of 5 pages.

8.2 Renewal application

- a. The Renewal Application Form duly completed and signed by the applicant on the [Synto-IRSST portal](#).
- b. A copy of the official university transcript for the program currently under way.

* The IRSST reserves the right to perform verifications regarding the documents submitted. For example, it may demand to see the original documents or papers to confirm their authenticity or to receive a certified copy of the originals. The IRSST may also contact the authorities that issued the documents. If the applicant fails to cooperate promptly in any request for verification, the application may be deemed ineligible.

9. Presentation and Submission of Applications

9.1 Presentation of applications

The application file must include the IRSST's Scholarship Application Form, duly completed and signed, along with the required documents, which are specified for each scholarship category.

- a. No incomplete file will be forwarded to the evaluation committee.
- b. All documents contained in the file that are written in a language other than French or English must be accompanied by a certified translation of the originals.
- c. No documents other than those required will be forwarded to the evaluation committee.
- d. The applicant is responsible for his or her file.
 - He or she is responsible for knowing the different scholarship categories and their requirements;
 - He or she must ensure that all the required information and documents are submitted to the IRSST by no later than the competition deadline.

9.2 Submission of applications

- a. The deadline for submitting applications to the IRSST is 4 p.m. on the third Wednesday of October.
- b. The documents must be submitted in PDF format on the [Synto-IRSST portal](#), according to the IRSST PDF presentation criteria.
- c. An acknowledgment of receipt will be sent to the candidates and to other people involved in the file (e.g., director, co-director, etc.) via the [Synto-IRSST portal](#). If you have not received one, please notify us by email at bourses@irsst.qc.ca

10. Processing of Applications

10.1 Assessment of administrative eligibility

IRSST personnel assess the administrative eligibility of the applications and reject those found to be ineligible.

10.2 Decision regarding the relevance

The IRSST's Scientific Advisory Board issues an opinion on the relevance of the applications, then the President and Chief Executive Officer decides and only retains the files deemed relevant for scientific evaluation.

10.3 Evaluation of scientific merit

The following criteria will be judged by a multi-disciplinary committee composed of external specialists in the relevant fields during the evaluation of the scientific merit of a new application:

Applicant's performance

- Academic record and its progression: university grades, relevance of courses taken and progression in studies, scholarships, awards and distinctions earned
- Research abilities: publications and other research activities, overall scientific competence and ability to pursue a career in research, relevant work experience and achievements
- Weighting (doctoral): 8/20

Scientific merit of the project

- Originality, clarity of objectives, methodology and impact on the research field
- Weighting (doctoral) : 8/20

Quality and relevance of the research environment

- Quality of supervision, calibre of researchers and productivity of the environment, relevance to the subject under study, and occupational health and safety expertise
- Weighting (doctoral): 4/20
 - a. An applicant must obtain a minimum score of 15/20 to be recommended for a scholarship.
 - b. The scientific evaluation of the applications is carried out independently of the final approval process, which is the Board of Directors' responsibility.
 - c. Applicants and research supervisors must not contact the chair or members of the evaluation committee at any time. The IRSST reserves

the right to withdraw any applications from the competition that are the subject of canvassing or interference in the evaluation process.

10.4 Recommendation and announcement of results

- a. Following the scores awarded by the evaluation committee, the Scientific Advisory Board submits its opinion to the IRSST's President and Chief Executive Officer. The latter submits the funding recommendation to the Board of Directors, which renders the final decision.
- b. The IRSST's decision is sent by email to each applicant in April, to the address indicated on the application form. Note that the decision is final. Therefore, there is no appeal procedure.

10.5 Inquiries concerning the evaluation

Inquiries concerning the evaluation of scholarship applications must be submitted in writing to the person responsible for the scholarship program, who undertakes to respond to them as quickly as possible.

10.6 Acceptance of the scholarship

- a. Successful applicants must inform the IRSST of their acceptance or refusal of the scholarship within 30 days of the date on which the IRSST's decision was transmitted.
- b. Selected foreign candidates must also provide a certified copy of a work permit issued by Canadian consular services for the duration of their stay in Québec.
- c. Any applicant who fails to comply with these requirements within the prescribed time limit is considered to have refused the scholarship offered.
- d. The IRSST may publish the list of scholarship recipients on its Web site and in any publication (hard copy or electronic) and may make it public in any other manner that the Institute deems appropriate.
- e. By accepting the scholarship, the applicant undertakes to comply with the general regulations governing the program and all the applicable conditions and requirements. Applicants who fail to comply with these rules and regulations will have their scholarships cancelled.

11. Final Report and Publications

11.1 Final report

All IRSST scholarship holders must submit a final report on their work within six months of receiving their last scholarship payment, using the IRSST template designed for this purpose.

11.2 Publications

All IRSST scholarship holders are obliged to acknowledge the assistance received from the IRSST in any publication or communication resulting from the funded work.

12. Declaration, Ethics and Integrity

12.1 Declaration

Any candidate who, for the purpose of obtaining a scholarship, knowingly makes a false declaration, will have his or her application rejected, and will have to reimburse the IRSST any amounts that have been paid. Moreover, this person may not apply for another IRSST scholarship for a period of three years.

12.2 Research ethics¹ and scientific integrity²

The holder of an IRSST scholarship and his research supervisor must ensure that the proposed research project complies with the ethical standards generally applicable to professional research activities.

13. IRSST's Responsibilities

- a. The IRSST has no other obligation or responsibility than that of paying the scholarships when all the conditions are met, subject to funding availability.
- b. The IRSST is under no obligation to accept a predetermined number of applications or to set in advance the number of scholarships to be attributed in each category of program. The IRSST reserves the right to set quotas by occupational health and safety research field.
- c. The IRSST may not be held liable for any damages whatsoever arising directly or indirectly from the establishment or administration of the Graduate

1. *Politique d'éthique de la recherche avec des êtres humains* (in French only)

2. *Politique de l'IRSST sur l'intégrité* (in French only)

Studies Scholarship and Postdoctoral Fellowship Program, including, notably, damages arising directly or indirectly from the processing, absence of processing, acceptance or refusal of a scholarship application, or from any publication pertaining to the scholarships and the scholarship program.

- d. An English version has been provided solely to help Anglophone readers better understand the applicable regulations. In the event of a discrepancy between the English and French versions of the regulations, the French version prevails.