



Chemical Substances and Biological Agents

# Studies and Research Projects

TECHNICAL GUIDE T-22



## Guide for the adjustment of permissible exposure values (PEVs) for unusual work schedules

4<sup>th</sup> edition revised and updated

*Daniel Drolet*



Established in Québec since 1980, the Institut de recherche Robert-Sauvé en santé et en sécurité du travail (IRSST) is a scientific research organization known for the quality of its work and the expertise of its personnel.

## OUR RESEARCH *is working for you !*

### Mission

To contribute, through research, to the prevention of industrial accidents and occupational diseases as well as to the rehabilitation of affected workers.

To offer the laboratory services and expertise necessary for the activities of the public occupational health and safety prevention network.

To disseminate knowledge, and to act as scientific benchmark and expert.

Funded by the Commission de la santé et de la sécurité du travail, the IRSST has a board of directors made up of an equal number of employer and worker representatives.

### To find out more

Visit our Web site for complete up-to-date information about the IRSST. All our publications can be downloaded at no charge.

**[www.irsst.qc.ca](http://www.irsst.qc.ca)**

To obtain the latest information on the research carried out or funded by the IRSST, subscribe to *Prévention au travail*, the free magazine published jointly by the IRSST and the CSST.

**Subscription:** 1-877-221-7046

### Legal Deposit

Bibliothèque et Archives nationales

2015

ISBN: 978-2-89631-798-1(PDF)

ISBN: 2-551-22644-9 (Edition 2004)

ISBN: 978-2-89631-240-5 (Edition 2008)

ISSN: 0820-8395

IRSST – Communications Division

505, De Maisonneuve Blvd West

Montréal (Québec)

H3A 3C2

Phone: 514 288-1551

Fax: 514 288-7636

[publications@irsst.qc.ca](mailto:publications@irsst.qc.ca)

[www.irsst.qc.ca](http://www.irsst.qc.ca)

© Institut de recherche Robert-Sauvé

en santé et en sécurité du travail,

March 2015



Chemical Substances and Biological Agents

# Studies and Research Projects

■ TECHNICAL GUIDE T-22

## Guide for the adjustment of permissible exposure values (PEVs) for unusual work schedules

4<sup>th</sup> edition revised and updated

### Disclaimer

The IRSST makes no guarantee regarding the accuracy, reliability or completeness of the information contained in this document. In no case shall the IRSST be held responsible for any physical or psychological injury or material damage resulting from the use of this information.

Note that the content of the documents is protected by Canadian intellectual property legislation.

*Daniel Drolet,  
Laboratory Services and Expertise, IRSST*

Clic Research  
[www.irsst.qc.ca](http://www.irsst.qc.ca)



This publication is available free  
of charge on the Web site.

**IN CONFORMITY WITH THE IRSST'S POLICIES**

The results of the research work published  
in this document have been peer-reviewed.

## Acknowledgements

This guide was produced as a result of the work of numerous people during projects or activities conducted in the past in collaboration with the Department of Environmental and Occupational Health of the Université de Montréal ([DSEST](#)) and the IRSST: *Adolf Vyskocil, Guy Perrault, Jules Brodeur, Daniel Drolet, François Lemay, Thierry Petitjean-Roget, Robert Tardif et Ginette Truchon.*

The members of Technical Committee (3.33.1) for Schedule I of the Regulation respecting occupational health and safety ([ROHS](#)) and many professionals from the Québec occupational health and safety network also provided their support in these projects and/or activities.

## IRSST Web site

This document is available at the following address: <https://www.irsst.qc.ca/media/documents/PubIRSST/T-22.PDF>.



The screenshot shows the IRSST website interface. At the top, the IRSST logo is displayed with the text "Institut de recherche Robert-Sauvé en santé et en sécurité du travail". Navigation links include "Contact", "Abonnez-vous", "Boutin", "Carte du site", and "English". A search bar is present, along with a "Nos autres sites" link. A horizontal menu offers options: "Trouver une publication", "Guides et outils", "Nouvelles publications", "Nos bulletins d'information", and "Nos autres sites". The main content area features a "Publication de l'IRSST" section with a thumbnail image of a person wearing a respirator. The title of the publication is "Guide d'ajustement des valeurs d'exposition admissibles (VEA) pour les horaires de travail non conventionnels (3e édition revue et mise à jour)". Below the title, it lists the author "Drolet, Daniel" and the publication details: "Études et recherches / Guide technique - T-21, Montréal, IRSST, 2008, 27 pages". It also notes "English version available : T-22" and provides the project title: "Projet : Guide et outils d'ajustement des VEA pour les horaires de travail non conventionnels, 3e édition - révision selon le RSST 2007". The category is "Prévention des risques chimiques et biologique". A "Téléchargement gratuit (PDF 882 Ko)" button is visible. A "Résumé" section follows, starting with "En raison des modifications récentes au Règlement sur la santé et la sécurité du travail (RSST), l'IRSST a adapté le Guide d'ajustement des valeurs d'exposition admissibles pour les horaires de travail non conventionnel qu'il publie à l'intention des intervenants québécois dans ce domaine, ainsi que l'outil informatique permettant son application. Ce travail a permis d'actualiser les connaissances toxicologiques sur les substances visées par des modifications réglementaires et de déterminer des codes de pathologie et la catégorie d'ajustement des nouvelles substances incluses dans le RSST. La mise à jour du guide contribue à mieux protéger la santé des travailleurs exposés à ces contaminants et ayant un horaire de travail non conventionnel."

Ce document est également disponible en français à l'adresse suivante : <http://www.irsst.qc.ca/files/documents/PubIRSST/T-21.pdf>.

The adjustment code of each of the 705 substances of [ROHS](#) can be found in their individual record on the IRSST Web site. A search tool allows a search ...

- by substance : <http://www.irsst.qc.ca/en/-rsstlist.html>
- by C.A.S.number : <http://www.irsst.qc.ca/en/-rsstclist.html>

## New information in this version

This fourth version of the *Guide for the adjustment of permissible exposure values (PEVs) for unusual work schedules* contains some changes from the previous version. This version is necessary to be consistent with the changes to Schedule I of the [ROHS](#) published since January 2007. The new substances in Schedule I have been evaluated to assign them an adjustment category. As well, substances whose PEVs or notation(s) have been modified have also been reevaluated for the same purpose. [Appendix IV](#) of this guide contains the updated adjustment category list for each of the 705 substances in the [ROHS](#).

Furthermore, the [computer-based tool](#) available on the IRSST's Web site integrates these modifications and allows users to apply the PEV adjustment principle to any of the substances in the [ROHS](#).



## Table of content

Acknowledgements .....	i
IRSST Web site.....	i
New information in this version .....	i
Preamble .....	v
<b>Introduction.....</b>	<b>1</b>
<b>Adjustment recommendations .....</b>	<b>2</b>
Definitions.....	2
Conditions of application .....	2
PEV adjustment procedure .....	2
Calculating the AAEV .....	3
<b>Interpreting the AAEV.....</b>	<b>3</b>
TWAEV.....	3
Calculating the AAEV .....	4
<i>Daily adjustment</i> .....	5
<i>Weekly adjustment</i> .....	5
<i>Daily or weekly adjustment (the most conservative of the two)</i> .....	5
Using the AAEV.....	5
<b>Conclusion .....</b>	<b>5</b>
<b>References .....</b>	<b>7</b>
<b>Appendix I : Consensus of the Schedule I Committee .....</b>	<b>8</b>
<b>Appendix II : Examples of PEV adjustment .....</b>	<b>9</b>
Scenario 1 : Hydrogen cyanide .....	9
Scenario 2 : Acetonitrile .....	9
Scénario 3 : Lead .....	9
Scenario 4 : Styrene.....	10
<b>Appendix III : Excel-based tool for TWAEV adjustment.....</b>	<b>11</b>
<b>Appendix IV : Adjustment category for ROHS substances .....</b>	<b>12</b>





## Preamble

The standards for chemical contaminants found in various national regulations and reference values such as the TLVs<sup>®</sup> (Threshold Limit Values) of the American Conference of Governmental Industrial Hygienists (ACGIH<sup>®</sup>)<sup>2</sup> have contributed greatly to the prevention of occupational diseases caused by worker exposure to hazardous substances. However, it is important to clearly understand the scope and limitations of the standards and TLVs<sup>®</sup> in order to discuss their adjustments. Standards such as TLVs<sup>®</sup> assume applicability to workers with a regular work schedule of 8 hours per day, five days per week. The ACGIH<sup>®</sup> emphasizes that the adjustment of TLVs<sup>®</sup> in the case of extended work schedules requires a *particular judgment* and has recommended, for several years, the use of the *Brief and Scala* correction model. Since 2004, the ACGIH<sup>®</sup> has also referred to the model jointly developed by the Université de Montréal ([DSEST](#)) and the Institut de recherche Robert-Sauvé en Santé et en Sécurité du Travail of Québec described in this guide, while emphasizing that it generates results even closer to the physiologically-based toxicokinetic models (PBPK) than the *Brief & Scala* model.

This guide is the result of scientific expertise, consultations and the bipartite consensus of Technical Committee (3.33.1) on Schedule I of the [ROHS](#). It proposes a structured process that remains complex despite the efforts that have been made to simplify it without increasing worker health risks. However, this complexity reflects the significance and method of application of PEVs (Permissible Exposure Values) that serve as reference conditions.

PEV adjustment is based on the toxicological knowledge available in the scientific and technical literature. However, the limits of our knowledge have to be recognized regarding dose-response relationships applicable to humans, dose-absorption kinetics relating to saturation of defense mechanisms, animal-human extrapolation of toxicological data, the distribution of contaminants and their metabolites at the point of action of target organs, etc.



## Introduction

Current knowledge on the adjustment of PEVs to unusual work schedules, meaning schedules other than eight hours per day, five days per week, was recently summarized in several publications particularly relevant to the Québec context<sup>3,4,5,6,7,8,9</sup>. These publications describe the main methods for calculating PEV adjustment factors in the case of substances that require an adjustment

The PEV adjustment process in this guide is based on a guiding principle that was agreed on in Technical Committee 3.33.1 for Schedule I of the [ROHS](#)<sup>7</sup>. In toxicological terms, for many chemical contaminants, an equilibrium is established between the accumulation of a contaminant in the body during the time at work and the elimination of the contaminant during the time away from work (this period is assumed to be exposure-free) until the maximum body burden or accumulation plateau in the body is reached. The time-weighted average exposure value (TWAEV) applicable to workers exposed to these contaminants during unusual work schedules must therefore be modified to ensure that the maximum body burden does not exceed the maximum body burden reached by a worker with a conventional work schedule. As a corollary, *no adjustment of the standard is necessary for any means of exposure or any toxic action of a contaminant that is unrelated in any way to the body burden.*

### Guiding principle

... ensuring an equivalent degree of protection to workers with a conventional schedule of 8 hours a day, 5 days a week, and to workers with unusual work schedules.

With this guiding principle as a basis and using the logic of the Occupational Safety and Health Administration<sup>3</sup> (OSHA), as inspiration, a group of toxicologists met at the IRSST to propose adjustment categories<sup>9</sup> (I, II, III and IV) for each of the substances found in Schedule I of the [ROHS](#) as well as a method for calculating adjustment factors supported by toxicokinetic modeling<sup>11,12</sup>. This group of experts also defined the conditions and limitations of application of the adjustment procedure.

Using these recommendations, the members of Technical Committee 3.33.1 for Schedule I of the [ROHS](#) of the Commission de la Santé et de la Sécurité du Travail ([CSST](#), Québec workers' compensation board) ont established a consensus on the conditions of application of PEV adjustment (see [Appendix I](#)). The present guide is the tool for facilitating the application of PEV adjustment for unusual work schedules using toxicological considerations as a basis as reviewed by consensus by the members of the Schedule I committee. It provides several definitions and conditions of application, explains the PEV adjustment process and the interpretation of the *adjusted average exposure value* (AAEV), and presents some application examples in the [Appendix II](#).

## Adjustment recommendations

### Definitions

**Repetitive work cycle:** calendar period during which the work schedule (work shift) is exactly repeated on a daily and weekly basis.

For example, a conventional schedule of 8h/d (Monday to Friday) and 5d/wk is a *repetitive calendar-week work cycle*; a schedule of 10 h/d (Tuesday to Friday) is also a *repetitive calendar-week work cycle*. However, a schedule of 12 h/d for 7 consecutive days, followed by 7 days off, would be a 14-day *repetitive cycle*. If this same schedule consists of alternating weeks of day and night shifts, it would then be a 28-day *repetitive cycle*.

**Average exposure duration in hours per week based on a repetitive work cycle:** the arithmetic mean in hours ( $H_w$ ) of the weekly total (7 days) of the work shifts during the repetitive work cycle.

For example, a schedule of 8 h/d (Monday to Friday), 5 d/wk, gives an average exposure duration in hours per week based on a repetitive work cycle of 40 h/wk; a schedule of 10 h/d, 4 d/wk (Tuesday to Friday) also represents an average exposure duration in hours per week based on a repetitive work cycle of 40 h/wk. However, a schedule of 12 h/d for 7 consecutive days, followed by 7 days off, corresponds to an average exposure duration in hours per week based on a repetitive work cycle of 42 h/wk.

**Multiple exposure:** daily exposure to several substances

**Nominal schedule:** normal work schedule based on the agreement between the employer and worker without including overtime and occasional replacement work. As a general rule, this schedule should represent at least 80% of the hours actually worked.

### Conditions of application

- The *short-term exposure values (STEV)* and *ceiling values (CV)* are not subject to the adjustment principle; only the TWAEVs are subject to the adjustment principle.
- The TWAEV adjustment process applies only to nominal schedules with shifts of no less than 4 hours and no more than 16 hours.
- In no case can the AAEV be greater than the TWAEV.
- In the case of daily exposures to several substances, the equation in part 3 of Schedule I of the [ROHS](#) applies by replacing T (TWAEV) by  $T_a$  (AAEV).
- The excursion limits for substances that have no STEV apply directly to the AAEV. Similarly, exposures between the STEV and the TWAEV must be taken into consideration as described in the [ROHS](#) by replacing the TWAEV by the AAEV.

### PEV adjustment procedure

The adjustment procedure is based on the assignment of adjustment categories (Table 1) as proposed by OSHA<sup>3</sup>. [Appendix IV](#) gives the adjustment category for each of the substances in the RROHS, namely *no adjustment* (category I), *daily adjustment* (category II), *weekly adjustment* (category III), and *the most conservative* of the daily or weekly adjustments (category IV). The adjustment category for each of the substances in Schedule I of the ROHS is also available on the IRSST's [Web site](#). A [computer-based tool](#) (an Excel bilingual file) for applying the adjustment procedure is also available on the Internet ([Appendix III](#) )

Table 1 : List of adjustment categories

Ad	Adjustment classification	Type of adjustment
I-a	Substances regulated by a ceiling value	<b>No</b> adjustment
I-b	Irritating or malodorous substances	
I-c	Simple asphyxiants, substances presenting a safety risk or a very low health risk, whose half-life is less than 4 hours. Technological limitations	
II	Substances that produce effects following <i>short-term</i> exposure	<b>Daily</b> adjustment
III	Substances that produce effects following <i>long-term</i> exposure	<b>Weekly</b> adjustment
IV	Substances that produce effects following a <i>short- or long-term</i> exposure	Daily or weekly adjustment <b>the most conservative of the two</b>

### Calculating the AAEV

In the case of **Category I** substances, the TWAEV does not have to be adjusted, regardless of the type of work schedule. For substances belonging to the other categories, the TWAEV is adjusted by applying one of the following equations::

$$F_a = 8 / H_d$$

**Category II** substances, requiring a *daily* adjustment

$$F_a = 40 / H_{wk}$$

**Category III** substances, requiring a *weekly* adjustment

$F_a$  = adjustment factor

$H_d$  = exposure duration in hours per shift

$H_{wk}$  = average duration of work shifts per week *based on a repetitive work cycle*.

In the case of **Category IV** substances, the  $F_a$  must be calculated for each of the two equations for Categories II and III, and the lowest  $F_a$  must be applied.

To obtain  $F_a$  rapidly, [Appendix IV](#) of this document supplies the adjustment categories for all of the substances in the [ROHS](#), and Table 2 presents the  $F_a$  for most of the possible unusual schedules. The only exception to the application of Table 2 involves Category II and IV substances in the case of work schedules in which the work shifts vary in duration from day to day.

To use Table 2, the length of the repetitive work cycle must be determined and the average exposure durations be established based on the adjustment category of the substance considered.

## Interpreting the AAEV

### TWAEV

The [ROHS](#) defines the TWAEV in the following way:

*“The time-weighted average concentration for an 8-hour workday and a 40-hour workweek of a chemical substance (in the form of gases, dusts, fumes, vapours or mists) present in the air in a worker's respiratory zone..”*

To verify compliance with the TWAEV, the occupational health and safety professional will evaluate the concentration of a substance present in the worker’s breathing zone by weighting the result or results of the measured concentrations on the basis of a workshift of eight consecutive hours. In this case, *the repetitive work cycle* is one week and the duration of the work shifts is constant from day to day and corresponds to the duration of the hours worked, or eight hours. Regardless of the nature of the pathologies that can be caused by the presence of this substance in the workplace, *verification of compliance with the TWAEV or AAEV is always done a daily basis.*<sup>13</sup>

Tableau 2: Adjustment factor for unusual work schedules based on the duration of work shifts (h/d) and the average duration of work weeks (h/wk)

Category I : No adjustment

Category II\*

Category III

Category IV

h/day	F <sub>A</sub>
8,0	1,00
8,5	0,94
9,0	0,89
9,5	0,84
10,0	0,80
10,5	0,76
11,0	0,73
11,5	0,70
12,0	0,67
12,5	0,64
13,0	0,62
13,5	0,59
14,0	0,57
14,5	0,55
15,0	0,53
15,5	0,52
16,0	0,50

h/wk	F <sub>A</sub>
40	1,00
41	0,98
42	0,95
43	0,93
44	0,91
45	0,89
46	0,87
47	0,85
48	0,83
49	0,82
50	0,80
51	0,78
52	0,77
53	0,75
54	0,74
55	0,73
56	0,71
57	0,70
58	0,69
59	0,68
60	0,67

		h/day																	
		F <sub>A</sub>	8,0	8,5	9,0	9,5	10,0	10,5	11,0	11,5	12,0	12,5	13,0	13,5	14,0	14,5	15,0	15,5	16,0
h/wk, base on the repetitive cycle	40,0	1,00	0,94	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	40,5	0,99	0,94	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	41,0	0,98	0,94	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	41,5	0,96	0,94	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	42,0	0,95	0,94	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	42,5	0,94	0,94	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	43,0	0,93	0,93	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	43,5	0,92	0,92	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	44,0	0,91	0,91	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	44,5	0,90	0,90	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	45,0	0,89	0,89	0,89	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	45,5	0,88	0,88	0,88	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	46,0	0,87	0,87	0,87	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	46,5	0,86	0,86	0,86	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	47,0	0,85	0,85	0,85	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	47,5	0,84	0,84	0,84	0,84	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	48,0	0,83	0,83	0,83	0,83	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	48,5	0,82	0,82	0,82	0,82	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	49,0	0,82	0,82	0,82	0,82	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
	49,5	0,81	0,81	0,81	0,81	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50
50,0	0,80	0,80	0,80	0,80	0,80	0,76	0,73	0,70	0,67	0,64	0,62	0,59	0,57	0,55	0,53	0,52	0,50	0,50	

\* : the duration of work shifts must be equal from one day to the next.

Blue: The most conservative **daily** adjustment

Red: The most conservative **weekly** adjustment

## Calculating the AAEV

In the case of AAEVs, three situations may arise based on the adjustment category, namely:

### Daily adjustment

For a substance whose adjustment must be done on a daily basis (**Category II**), if the work shifts are all of the same length, e.g., 12 hours, the AAEV will be  $0.67 * TWAEV$ , and the results of the concentrations will be weighted over 12 hours. The condition requiring work shifts of constant duration would represent the great majority of real situations

However, if the work shifts are not all of the same length, the simple approach resulting from the [consensus of the Schedule I](#) committee (use of the average duration of work shifts) cannot be applied due to toxicological reasoning because it could lead to situations in which the guiding principle would no longer be respected. It then becomes necessary to adjust the TWAEV for *each work shift duration* and to weight the results according to the duration of the corresponding work shift

### Weekly adjustment

**Category III** substances, which require a weekly adjustment, consist of all the substances whose effects appear following a long-term exposure. Adjustment on the basis of the *average exposure duration in hours per week based on a repetitive work cycle* is logical toxicologically. Therefore, a work schedule of 12 h/d for 7 consecutive days followed by 7 days off gives an average of 42 h/wk and an adjustment factor of  $40/42$  or 0.95.

The adjustment factor is used only to calculate the AAEV. Weighting of the concentration measurement(s) to verify compliance with the standard must be calculated over the duration of the work shift. In the example, weighting will be over 12 hours. If work shifts are of unequal length from one shift to the next, the weighting must be done over the duration of each of the work shifts.

### Daily or weekly adjustment (*the most conservative of the two*)

For **Category IV** substances, the most conservative of the daily or weekly adjustments must be calculated. The same calculation criteria for the AAEV and the weighting of the results apply to this category.

## Using the AAEV

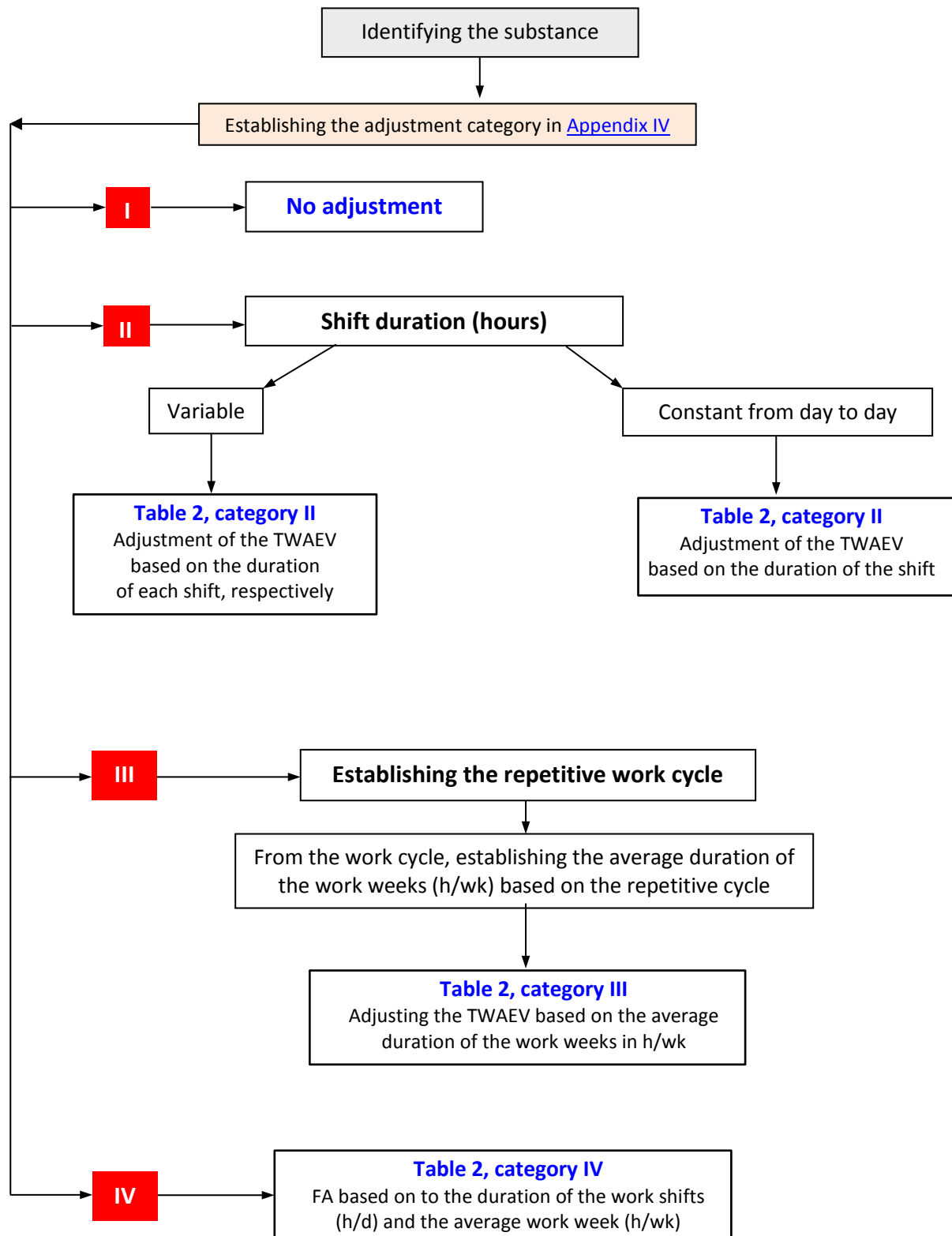
In the case of a daily exposure to a given substance for a worker working at several work locations and who has an unusual work schedule, calculation of the *average daily exposure* is done over the entire work shift and is then compared to the AAEV, as described in Part 2 of Schedule I of the [ROHS](#)<sup>1</sup>.

In the case of a situation in which there is daily exposure to several substances and an unusual work schedule, the *mixed exposure index* ( $R_m$ ) is calculated by using the AAEV instead of the TWAEV in the denominator, as described in Part 3 of Schedule I of the [ROHS](#). The [MIXIE](#) computer-based tool developed jointly by the Département de santé environnementale et de santé au travail of the Université de Montréal ([DSEST](#)) Montréal and the IRSST can be an invaluable aid in identifying substances in the [ROHS](#) with similar effects on the same organs of the human body<sup>14,15</sup>.

## Conclusion

The process of adjusting TWAEVs into AAEVs is summarized in Figure 1. An AAEV cannot be greater than the TWAEV. STEVs and CVs are never adjusted. All the other definitions and provisions of the [ROHS](#) apply to the AAEV by replacing the TWAEV with the AAEV in the text.

Figure 1 : TWAEV adjustment process





## References

- 1- *Regulation Respecting Occupational Safety and Health*. [S-2.1, r. 13]. Éditeur officiel du Québec (Updated to December 2014). [Web link](#)
- 2- American Conference of Governmental Industrial Hygienists (ACGIH®). *2014 TLVs® and BEIs®*. ACGIH®, Cincinnati, Ohio, 254 p. <https://www.acgih.org/TLV/>
- 3- Paustenbach, D.J. : *Occupational Exposure Limits, Pharmacokinetics and Unusual Work Schedules* dans Patty's Industrial Hygiene and Toxicology, 6<sup>th</sup> Edition, Edited by Vernon E. Rose and Barbara Cohrssen, 957-1046, 2011. <http://onlinelibrary.wiley.com/doi/10.1002/0471435139.hy040.pub2/pdf>
- 4- Brodeur, J., Krishnan, K. and R. Goyal : *Analyse critique portant sur la conversion des valeurs limites tolérables dans l'air (TLV®) et des valeurs limites tolérables dans les milieux biologiques (BLV) en vue de les adapter à des horaires de travail non conventionnels*. Rapport de l'IRSST, juin 1993, R-070. <http://www.irsst.qc.ca/files/documents/PubIRSST/R-070.pdf>
- 5- Verma, D. K.: *Adjustment of Occupational Exposure Limits for Unusual Work Schedules*. AIHAJ, 60: 367-374, 2001. <http://www.tandfonline.com/doi/pdf/10.1080/15298660008984545>
- 6- Brodeur, J., Vyskocil, A., Tardif, R., Perrault, G., Drolet, D., Truchon, G. and F. Lemay: *Adjustment of Permissible Exposure Values to Unusual Schedules*. AIHAJ, 62: 584-594, 2001. <http://www.tandfonline.com/doi/pdf/10.1080/15298660108984657>
- 7- Brodeur, J., Vyskocil, A., Tardif, R., Perrault, G., Drolet, D., Truchon, G. and F. Lemay: *Ajustement des valeurs d'exposition admissibles pour des horaires de travail non conventionnels*. IRSST report, R-168, October 1997, 32 p., <http://www.irsst.qc.ca/files/documents/PubIRSST/R-168.pdf>
- 8- Armstrong, T.W., Caldwell, D.J. and D. K. Verma: *Occupational Exposure Limits: an Approach and Calculation Aid for Extended Work Schedule Adjustments for Unusual Work Schedules*. JOEHS, 2: 600-607, 2005, <http://www.tandfonline.com/doi/pdf/10.1080/15459620500340822>
- 9- Australian Institute of Occupational Hygienists (AIOH): *Adjustment of workplace exposure standard for extended workshift, Position Paper, (revision 1)*. March 2013, 19 p. [http://www.aioh.org.au/downloads/documents/PositionPapers/AIOHPositionPaper\\_ExtendedShiftOELAdjustment\\_Final.pdf](http://www.aioh.org.au/downloads/documents/PositionPapers/AIOHPositionPaper_ExtendedShiftOELAdjustment_Final.pdf)
- 10- Institut de recherche en santé et en sécurité du travail : *Fiches d'ajustements. Annexes 1 et 2 du Rapport de l'IRSST*, RA1-168, October 1997, (<http://www.irsst.qc.ca/media/documents/PubIRSST/RA2-168-1.pdf> and <http://www.irsst.qc.ca/media/documents/PubIRSST/RA2-168-2.pdf>)
- 11- Laparé, S., Tardif, R. and Brodeur, J. : *Contribution de la modélisation toxicocinétique*. IRSST report, RA1-168, octobre 1997, 68 p., <http://www.irsst.qc.ca/files/documents/PubIRSST/RA1-168.pdf>
- 12- Laparé, S., Brodeur, J. and R. Tardif: *Contribution of Toxicokinetic Modeling to the Adjustment of Exposure Limits to Unusual Work Schedules*. AIHAJ, 6 : 17-23, 2003. <http://www.tandfonline.com/doi/pdf/10.1080/15428110308984777>
- 13- Drolet, D. : *Valeur d'exposition moyenne pondérée, mais pondérée sur quelle période ?* SAC-Labo datasheet 2010-04, IRSST, <http://www.irsst.qc.ca/media/documents/fr/Labos/InterpretationVEMP.pdf>
- 14- Vyskocil, A., Drolet, D., Viau, C., Lemay, F., Lapointe, G., Tardif, R., Truchon, G., Baril, M., Gagnon, N., Gagnon, F., Bégin, D. and M. Gérin: *A web tool for the identification of potential interactive effects of chemical mixtures*. JOEHS, 4(4), 281-287, 2007. <http://www.tandfonline.com/doi/pdf/10.1080/15459620701225103>
- 15- Vyskocil A., Drolet, D., Viau, C., Brodeur, J., Tardif, R., Gérin, M., Baril, M., Truchon, G., and G. Lapointe: *Database for the toxicological evaluation of mixtures in occupational atmospheres*. Environmental Toxicology and Pharmacology, 18, (3), 235-242, 2004. <http://www.sciencedirect.com/science/article/pii/S1382668904001528>
- 16- Drolet, D. and G. Beauchamp. : Institut de recherche en santé et en sécurité du travail (IRSST). *Sampling Guide for Air Contaminants on the Workplace*. 8<sup>th</sup> ed., version 8,1 updated). T-15, 2013. <http://www.irsst.qc.ca/media/documents/PubIRSST/T-15.pdf>

## Appendix I : Consensus of the Schedule I Committee

### Conditions of application

- The adjustment must not allow exposure above the time-weighted average exposure value (TWAEV).
- Short-term exposure values (STEV) are not subject to adjustment.

### Assigning adjustment categories

- Add to Category I, without adjustment, "Substances whose half-life is less than 4 hours"
- Include acetone, aniline, chlorine, hexane (other isomers) and hydrogen sulfide in Category **I**, without adjustment.

## Appendix II : Examples of PEV adjustment

The PEV adjustment process is presented in the form of scenarios taken from real workplace situations. [Appendix IV](#) indicates the adjustment categories for all the substances in Schedule I of the [ROHS](#).

---

### Scenario 1 : Hydrogen cyanide

Scenario 1 raises the question about exposure to *hydrogen cyanide* or HCN (hydrocyanic acid) by workers with different schedules of 8h/d, 5 d/wk.

The adjustment category for this substance as found in [Appendix IV](#) of this document or in the IRSST Web site ( <http://www.irsst.qc.ca/en/-RSST74-90-8.html> ) is **I-a** . Figure 1 informs us that for all Category I substances, there is no adjustment regardless of the work schedule.

---

### Scenario 2 : Acetonitrile

A laboratory technician uses *acetonitrile* regularly as a solvent. He works 12 h/d, 4 d/wk, with alternating weeks from Monday to Thursday and from Tuesday to Friday. What is the AAEV that applies in his case?

[Appendix IV](#) or in the IRSST Web site ( <http://www.irsst.qc.ca/en/-RSST75-05-8.html> ) document indicates category **II** for acetonitrile, or a daily adjustment. Figure 1 indicates that for all category II substances, one first has to specify whether the work shifts in his nominal schedule are always the same length from day to day. In this case, the duration of the work shifts is constant at 12 hours, so we consult Table 2. Under the “Category II” heading, at 12.0 h/day, the adjustment factor is 0.67. The AAEV is therefore **45 mg/m<sup>3</sup>** (67 mg/m<sup>3</sup> \* 0.67).

The sampling strategy<sup>16</sup> must anticipate a 12-hour weighting of the representative results for the entire shift.

---

### Scénario 3 : Lead

In a plant recovering *lead* from automobile batteries and other sources, workers have schedules with 12-hour shifts for two consecutive weeks of 3 days and 4 days. What would be the AAEV for lead that would apply to these workers?

[Appendix IV](#) or in the IRSST Web site ( <http://www.irsst.qc.ca/en/-RSST7439-92-1.html> ) indicates category **III** for “Lead and its inorganic compounds, dusts and fumes (expressed as Pb)”, or a weekly adjustment. Figure 1 indicates that for all category **III** substances, the **repetitive work cycle** must first be specified, or two weeks (14 days), and *the average exposure duration in hours per week based on a repetitive work cycle*, or 42 hours (36+48)/2. This allows us to consult Table 2; under the “Category III” heading, at 42.0 h/week, the adjustment factor is 0.95. Therefore the AAEV becomes **0.14 mg/m<sup>3</sup>** (0.15 mg/m<sup>3</sup> \* 0.95).

The sampling strategy must anticipate a 12-hour weighting of the representative results<sup>16</sup> for the entire shift.

### Scenario 4 : Styrene

A fiberglass pleasure boat manufacturing plant has a work schedule consisting of three working days followed by three days off. All the work shifts are 12 h/d. For workers using *styrene* to manufacture the polymeric coating, what would the AAEV be?

[Appendix IV](#) or in the IRSST Web site (<http://www.irsst.qc.ca/-RSST100-42-5.html>) indicates category **IV** for styrene, or that the most conservative daily or weekly value must be used. Figure 1 indicates that for all category **IV** substances, categories II and III must be calculated and the most conservative result of the two must be applied.

Therefore, for category II, since all the work shifts are of the same length, or 12 hours, Table 2, under the “Category II” heading at 12 h/day, gives the adjustment factor as 0.67. The AAEV would therefore be **142 mg/m<sup>3</sup>** (213 mg/m<sup>3</sup> \* 0.67).

For category III, the **repetitive work cycle** must first be specified, which is 42 days, as summarized in the following table:

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	W	W	W	A	A	A	W
2	W	W	A	A	A	W	W
3	W	A	A	A	W	W	W
4	A	A	A	W	W	W	A
5	A	A	W	W	W	A	A
6	A	W	W	W	A	A	A

W : Work    A : Absence

This cycle includes three weeks of 3 shifts (36 hours) and three weeks of 4 shifts (48 hours). The *average exposure duration in hours per week based on a repetitive work cycle* is 42 hours ((36\*3)+(48\*3))/6. We then consult Table 2; under the “Category III” heading, at 42.0 h/week, the adjustment factor is 0.95. Therefore the AAEV would be **203 mg/m<sup>3</sup>** (213 mg/m<sup>3</sup> \* 0.95)..

The AAEV of **142 mg/m<sup>3</sup>**, being the most conservative, is therefore applicable to these workers’ exposure. Table 2 under the “Category IV” heading arrives at the same conclusion. In fact, the intersection point of the 42-hour row and the 12-hour column gives an adjustment factor ( $F_a$ ) of 0.67.

The sampling strategy must anticipate a 12-hour weighting of the representative results<sup>16</sup> for the entire shift.

## Appendix III : Excel-based tool for TWAEV adjustment

The following figure shows the EXCEL bilingual computer-based tool available on the IRSST's Web site. It works with Microsoft EXCEL version 2007 (or a later version) and can be downloaded from the following address:

The data for [scenario 4](#) have been used as an example.

**Adjusted TWA calculation**

C.A.S.

Daily schedule	<b>12</b>	Adjustment code	<b>4</b>
Week schedule	<b>48</b>	Adjustment factor	0,67

**Important ... Both values must be entered.**

	TWA	AMEV
ppm	50	33,3 ppm
mg/m <sup>3</sup>	213	142 mg/m <sup>3</sup>
f/cc		

V. 4,02  
December 2014

ROHS list

Application conditions

Select a substance from the ROHS with the scrolling list. In the green zone, enter values for daily and weekly schedule (based on the repetitive cycle).

## Appendix IV : Adjustment category for ROHS substances

Acetaldehyde	1A	Arsine	4	n-Butyl glycidyl ether (BGE)	3
Acetic acid	1B	Asbestos, Actinolite	3	n-Butyl lactate	1B
Acetic anhydride	1B	Asbestos, Amosite	3	Butyl mercaptan	1B
Acetone	1C	Asbestos, Anthophyllite	3	n-Butylamine	1A
Acetone cyanohydrin	1A	Asbestos, Chrysotile	3	o-sec-Butylphenol	1B
Acetonitrile	2	Asbestos, Crocidolite	3	p-tert-Butyltoluene	3
Acetophenone	1B	Asbestos, Tremolite	3	Cadmium elemental and compounds (as Cd)	3
Acetylene	1C	Asphalt (petroleum) fumes	3	Calcium carbonate, Td	1C
Acetylsalicylic acid (Aspirin)	2	Atrazine	2	Calcium chromate (as Cr)	3
Acrolein	1B	Azinphos-methyl	4	Calcium cyanamide	1B
Acrylamide	3	Barium, soluble compounds (as Ba)	2	Calcium hydroxide	1B
Acrylic acid	1B	Barium sulfate, Td	3	Calcium oxide	1B
Acrylonitrile	3	Barium sulfate, Rd	3	Calcium silicate (synthetic), Td	1C
Adipic acid	3	Benomyl	1C	Calcium sulfate, Td	1C
Adiponitrile	4	Benz(a)anthracene	3	Calcium sulfate, Rd	1C
Aldrin	4	Benzene	3	Camphor (synthetic)	1B
Allyl alcohol	1B	Benzidine (production)	3	Caprolactam, Dust	1B
Allyl glycidyl ether (AGE)	1B	Benzo(a)pyrene	3	Caprolactam, Vapour	1B
Allyl propyl disulfide	1B	Benzo(b)fluoranthene	3	Captafol	3
Aluminum [7429-90-5], (as Al), Alkyls (NOC)	1B	p-Benzoquinone	1B	Captan	3
Aluminum (as Al), Metal	1C	Benzoyl peroxide	1B	Carbaryl	4
Aluminum [7429-90-5], (as Al), Pyro-technical powders	1C	Benzyl chloride	4	Carbofuran	4
Aluminum [7429-90-5], (as Al), Soluble salts	1B	Beryllium [7440-41-7], metal and compounds (as Be)	3	Carbon black	3
Aluminum [7429-90-5], (as Al), Welding fumes	1C	Biphenyl	1B	Carbon dioxide	1C
Aluminum oxide (as Al), Td	1C	Bismuth telluride (as Bi <sub>2</sub> Te <sub>3</sub> ), Se-doped	3	Carbon disulfide	4
4-Aminodiphenyl	3	Bismuth telluride (as Bi <sub>2</sub> Te <sub>3</sub> ), Un-doped	1C	Carbon monoxide	4
2-Aminoethanol	3	Boron oxide	1B	Carbon tetrabromide	4
2-Aminopyridine	2	Boron tribromide	1A	Carbon tetrachloride	4
Amitrole	3	Boron trifluoride	1A	Carbonyl fluoride	4
Ammonia	1B	Bromacil	3	Δ-3 Carene	1B
Ammonium chloride fume	1B	Bromine	1B	Catechol	4
Ammonium perfluorooctanoate	3	Bromine pentafluoride	1B	Cellulose (paper fibres), Td	1C
Ammonium sulfamate	1B	Bromoform	4	Cesium hydroxide	1B
Aniline	1C	Bromotrifluoromethane	1C	Chlordane	4
o-Anisidine	2	1,3-Butadiene	3	Chlorinated camphene	4
p-Anisidine	2	Butane	1C	Chlorinated diphenyl oxide	3
Antimony [7440-36-0], metal and compounds (as Sb)	3	2-Butoxyethanol	3	Chlorine	1C
Antimony trioxide (as Sb)	3	n-Butyl acetate	1B	Chlorine dioxide	2
Antimony trioxide, production (as Sb)	3	sec-Butyl acetate	1B	Chlorine trifluoride	1A
ANTU (alpha-Naphthylthiourea)	2	tert-Butyl acetate	1B	Chloroacetaldehyde	1A
Argon	1C	n-Butyl acrylate	1B	Chloroacetone	1A
Arsenic, elemental [7440-38-2], and inorganic compounds (except Arsine) (as As)	3	n-Butyl alcohol	1A	alpha-Chloroacetophenone	1B
Arsenic trioxide, production	3	sec-Butyl alcohol	2	Chloroacetyl chloride	1B
		tert-Butyl alcohol	2	Chlorobenzene	4
		tert-Butyl chromate (as CrO <sub>3</sub> )	1A	o-Chlorobenzylidene malonitrile	1A
				Chlorobromomethane	3

Chlorodifluoromethane	1C	Cyanides (as Cn)	1A	Dicrotophos	4
Chlorodiphenyl (42% chlorine)	3	Cyanogen	1B	Dicyclopentadiene	3
Chlorodiphenyl (54% chlorine)	3	Cyanogen chloride	1A	Dicyclopentadienyl iron	1C
Chloroform	4	Cyclohexane	1B	Dieldrin	4
Chloromethyl methyl ether	3	Cyclohexanol	4	Diethanolamine	1B
bis (Chloromethyl) ether	3	Cyclohexanone	3	Diethyl ether	1B
1-Chloro-1-nitropropane	2	Cyclohexene	1B	Diethyl ketone	2
Chloropentafluoroethane	1C	Cyclohexylamine	1B	Diethyl phthalate	3
Chloropicrin	2	Cyclonite	3	Diethylamine	1B
β-Chloroprene	4	Cyclopentadiene	1B	2-Diethylaminoethanol	1B
3-Chloropropene	3	Cyclopentane	4	Diethylene triamine	3
2-chloropropionic acid	3	Cyhexatin	1C	Difluorodibromomethane	4
o-Chlorostyrene	4	2,4-D	3	Diglycidyl ether (DGE)	3
o-Chlorotoluene	1B	DDT (Dichlorodiphenyltrichloroethane)	4	Diisobutyl ketone	1B
Chlorpyrifos	4	Decaborane	4	Diisopropyl ether	1B
Chromite ore processing (chromate) (as Cr)	3	Demeton®	4	Diisopropylamine	1B
Chromium (metal)	3	Di-sec-octyl phthalate	3	Dimethyl carbamoyl chloride	3
Chromium (III) compounds (as Cr)	3	2,6-Di-tert-butyl-p-cresol	1C	Dimethyl sulfate	3
Chromium VI, water insoluble inorganic compounds (as Cr)	3	Diacetone alcohol	1B	N,N-Dimethylacetamide	4
Chromium VI, water soluble inorganic compounds (as Cr)	3	1,6-Diaminohexane	1B	Dimethylamine	1B
Chromyl chloride	3	Diazinon®	4	N,N-Dimethylaniline	4
Chrysene	3	Diazomethane	4	N,N-Dimethylformamide	3
Clopidol	1C	Diborane	4	1,1-Dimethylhydrazine	3
Coal dust (less than 5% crystalline silica), Rd	3	1,2-Dibromoethane	3	Dimethylphthalate	1B
Coal dust (more than 5% crystalline silica), Rd	3	Dibutyl phenyl phosphate	4	Dinitolmide	3
Coal tar pitch volatiles, as benzene solubles	3	Dibutyl phosphate	1B	Dinitro-ortho-cresol	3
Cobalt, elemental and inorganic compounds (as Co)	3	Dibutyl phthalate	1B	Dinitrobenzene (all isomers)	4
Cobalt hydrocarbonyl (as Co)	2	2-N-Dibutylaminoethanol	3	Dinitrotoluene	4
Cobalt tetracarbonyl (as Co)	2	1,3-Dichloro-5,5-dimethyl hydantoin	1B	Dioxane	3
Copper [7440-50-8], Fume (as Cu)	2	Dichloroacetylene	1A	Dioxathion	3
Copper [7440-50-8], Dust and mists (as Cu)	1B	o-Dichlorobenzene	1A	Diphenylamine	4
Corundum, Td	1C	p-Dichlorobenzene	3	Dipropylene glycol monomethyl ether	2
Cotton dust, cotton waste processing operation of waste recycling and ginning	3	3,3'-Dichlorobenzidine	3	Diquat, Td	3
Cotton dust, in yarn manufacturing and cotton washing operations	3	1,4-Dichloro-2-butene	3	Diquat, Rd	3
Cotton dust, in textile mill waste house operations or in yarn manufacturing to dust from "lower-grade washed cotton"	3	Dichlorodifluoromethane	1C	Disulfiram	2
Cotton dust, in textile slashing and weaving operations	3	1,1-Dichloroethane	4	Disulfoton	4
Cresol (all isomers)	1B	1,2-Dichloroethane	3	Diuron	1C
Crotonaldehyde	1B	Dichloroethyl ether	2	Divinyl benzene	1B
Crufomate	4	1,1-Dichloroethylene	3	Emery, Td	1C
Cumene	2	1,2-Dichloroethylene	4	Endosulfan	4
Cyanamide	1B	Dichlorofluoromethane	4	Endrin	2
		1,1-Dichloro-1-nitroethane	2	Enflurane	2
		1,2-Dichloropropane	4	Epichlorohydrin	4
		Dichloropropene (cis and trans)	4	EPN	4
		2,2-Dichloropropionic acid	1B	Ethane	1C
		1,2 Dichloro-1,1,2,2-tetrafluoroethane	1C	Ethion	4
		Dichlorvos	4	2-Ethoxyethanol (EGEE)	4
				2-Ethoxyethyl acetate (EGEEA)	4

Ethyl acetate	1B	Fluorides (as F)	3	Iodine	1A
Ethyl acrylate	3	Fluorine	1B	Iodoform	2
Ethyl alcohol	1B	Fonofos	4	Iron pentacarbonyl (as Fe)	2
Ethyl amyl ketone	1B	Formaldehyde	1A	Iron salts, soluble (as Fe)	1B
Ethyl benzene	3	Formamide	3	Iron trioxide, dust and fume (as Fe)	3
Ethyl bromide	4	Formic acid	1B	Isoamyl alcohol	2
Ethyl butyl ketone	2	Furfural	1B	Isobutyl acetate	1B
Ethyl chloride	4	Furfuryl alcohol	1B	Isobutyl alcohol	1B
Ethyl formate	1B	Gasoline	2	Isocyanate oligomers	3
Ethyl mercaptan	1B	Germanium tetrahydride	2	Isooctyl alcohol	2
Ethyl silicate	3	Glutaraldehyde	1A	Isophorone	1A
Ethylamine	1B	Glycerin (mist)	1C	Isophorone diisocyanate	3
Ethylene	1C	Glycidol	1B	Isopropoxyethanol	3
Ethylene chlorohydrin	1A	Grain dust (oat, wheat, barley), Td	4	Isopropyl acetate	1B
Ethylene glycol (vapour and mist)	1A	Graphite (all forms except fibers), Rd	3	Isopropyl alcohol	2
Ethylene glycol dinitrate	1A	Gypsum, Td	1C	Isopropyl glycidyl ether (IGE)	3
Ethylene imine	4	Gypsum, Rd	1C	Isopropylamine	1B
Ethylene oxide	3	Hafnium	3	N-Isopropylaniline	2
Ethylenediamine	3	Halothane	4	Kaolin, Rd	3
Ethylidene norbornene	1A	Helium	1C	Ketene	2
N-Ethylmorpholine	2	Heptachlor	4	L.P.G. (Liquified petroleum gas)	1C
Fenamiphos	4	Heptachlore epoxide	3	Lead and inorganic compounds	3
Fensulfothion	4	n-Heptane	2	Lead arsenate (as Pb <sub>3</sub> (AsO <sub>4</sub> ) <sub>2</sub> )	4
Fenthion	4	Hexachlorobenzene	3	Lead chromate (as Cr)	3
Ferbam	1B	Hexachlorobutadiene	3	Lead tetraethyl (as Pb)	3
Ferrovandium (dust)	1B	Hexachlorocyclopentadiene	4	Lead tetramethyl (as Pb)	3
Fibres, Artificial Vitreous Mineral Fibres, Fibrous glass, continuous fila- ment, Td	1C	Hexachloroethane	3	Limestone, Td	1C
Fibres, Artificial Vitreous Mineral Fibres, Fibrous glass, microfibrés	3	Hexachloronaphthalene	3	Lindane	4
Fibres, Artificial Vitreous Mineral Fibres, Insulation wool fibres, Glass wool	1B	Hexafluoroacetone	4	Lithium hydride	1B
Fibres, Artificial Vitreous Mineral Fibres, Insulation wool fibres, Rock wool	1B	Hexamethyl phosphoramidate	3	Magnesite, Td	1C
Fibres, Artificial Vitreous Mineral Fibres, Insulation wool fibres, Slag wool	1B	Hexamethylene diisocyanate	3	Magnesium oxide fume (as Mg)	2
Fibres, Artificial Vitreous Mineral Fibres, Refractory fibres (ceramic or others)	3	n-Hexane	4	Malathion	4
Fibres, Natural Mineral Fibres, Atta- pulgite	3	Hexane (other isomers)	1C	Maleic anhydride	4
Fibres, Natural Mineral Fibres, Erio- nite	1A	sec-Hexyl acetate	1B	Manganese, Fume, dust and com- pounds (as Mn), Td	4
Fibres-Natural Mineral Fibres, Wollas- tonite, Td	1B	Hexylene glycol	1A	Manganese cyclopentadienyl tricar- bonyl (as Mn)	4
Fibres-Natural Mineral Fibres, Wollas- tonite, Rd	1B	Hydrazine	3	Manganese methyl cyclopentadienyl tricarbonyl (as Mn)	4
Fibres, Organic Synthetic Fibres, Car- bon and graphite fibres, Td	3	Hydrogen	1C	Manganese tetroxide	3
Fibres, Organic Synthetic Fibres, Car- bon and graphite fibres, Rd	3	Hydrogen bromide	1A	Mercury [7439-97-6], Alkyl com- pounds (as Hg)	4
Fibres, Organic Synthetic Fibres, Para- aramide fibres (Kevlar®, Twaron®)	3	Hydrogen chloride	1A	Mercury [7439-97-6], aryl compounds	3
Fibres, Organic Synthetic Fibres, Po- lyolefin fibres, Td	1C	Hydrogen cyanide	1A	Mercury [7439-97-6], inorganic com- pounds (as Hg)	3
		Hydrogen fluoride (as F)	1A	Mercury [7439-97-6], mercury vapor (as Hg)	3
		Hydrogen peroxide	1B	Mesityl oxide	1B
		Hydrogen selenide (as Se)	4	Methacrylic acid	1B
		Hydrogen sulfide	1C	Methane	1C
		Hydrogenated terphenyls	3	Methomyl	4
		Hydroquinone	4	Methoxychlor	4
		2-Hydroxypropyl acrylate	1B	2-Methoxyethanol (EGME)	4
		Indene	1B		
		Indium [7440-74-6] and compounds (as In)	4		



2-Methoxyethyl acetate (EGMEA)	4	Molybdenum [7439-98-7] (as Mo), Insoluble compounds	1C	Pentachlorophenol	3
4-Methoxyphenol	1B	Molybdenum [7439-98-7] (as Mo), Soluble compounds	1C	Pentaerythritol	1C
Methyl acetate	2	Monocrotophos	4	n-Pentane	2
Methyl acetylene	1C	Morpholine	1B	n-Amyl acetate	1B
Methyl acetylene-propadiene mixture (MAPP)	1C	Naled	4	sec-Amyl acetate	1B
Methyl acrylate	3	Naphthalene	1B	tert-Amyl acetate	1B
Methyl alcohol	4	β-Naphthylamine	3	Isoamyl acetate	1B
Methyl amyl alcohol	1B	Neon	1C	2-Methyl-1-butyl acetate	1B
Methyl n-amyl ketone	1B	Nickel, Metal	3	3-Pentyl acetate	1B
Methyl bromide	4	Nickel [7440-02-0], Insoluble compounds (as Ni)	3	Perchloroethylene	4
Methyl tert-butyl ether	4	Nickel [7440-02-0], Soluble compounds (as Ni)	3	Perchloromethyl mercaptan	2
Methyl n-butyl ketone	3	Nickel carbonyl (as Ni)	2	Perchloryl fluoride	4
Methyl chloride	4	Nickel sulfide roasting, fume and dust (as Ni)	3	Perfluoroisobutylene	1A
Methyl chloroform	2	Nicotine	2	Perlite, Td	1C
Methyl 2-cyanoacrylate	3	Nitrapyrin	1C	Perlite, Rd	1C
Methyl demeton	4	Nitric acid	2	Phenol	4
Methyl ethyl ketone (MEK)	1B	p-Nitroaniline	4	Phenothiazine	3
Methyl ethyl ketone peroxide	1A	Nitrobenzene	4	Phenyl ether, vapour	1B
Methyl formate	1B	p-Nitrochlorobenzene	4	Phenyl glycidyl ether (PGE)	3
Methyl hydrazine	1A	4-Nitrodiphenyl	3	Phenyl mercaptan	1B
Methyl iodide	4	Nitroethane	1B	meta-Phenylenediamine	3
Methyl isoamyl ketone	1B	Nitrogen	1C	ortho-Phenylenediamine	3
Methyl isobutyl ketone	1B	Nitrogen dioxide	4	p-Phenylenediamine	3
Methyl isocyanate	3	Nitrogen monoxide	2	Phenylhydrazine	3
Methyl isopropyl ketone	1B	Nitrogen trifluoride	2	n-Phenyl-β-naphthylamine	3
Methyl mercaptan	1B	Nitroglycerin (NG)	1A	Phenylphosphine	1A
Methyl methacrylate (monomer)	1B	Nitromethane	4	Phorate	4
Methyl parathion	4	1-Nitropropane	3	Phosdrin	4
Methyl propyl ketone	2	2-Nitropropane	3	Phosgene	2
Methyl silicate	2	N-Nitrosodimethylamine	3	Phosphine	2
alpha-Methyl styrene	2	Nitrotoluene (all isomers)	2	Phosphoric acid	1B
Methylacrylonitrile	4	Nitrous oxide	3	Phosphorus (yellow)	1B
Methylal	1B	Nonane	2	Phosphorus oxychloride	1B
Methylamine	1B	Octachloronaphthalene	3	Phosphorus pentachloride	1B
N-Methylaniline	4	Octane	2	Phosphorus pentasulfide	1B
Methylcyclohexane	1B	Osmium tetroxide (as Os)	1B	Phosphorus trichloride	1B
Methylcyclohexanol	3	Oxalic acid	1B	Phthalic anhydride	3
o-Methylcyclohexanone	1B	Oxygen difluoride	1A	m-Phthalodinitrile	1C
Methylene chloride	4	Ozone	1A	Picloram	1C
4,4'-Methylene bis (2-chloroaniline) (MOCA)	4	Paraffin wax, fume	1B	Picric acid	3
Methylene bis (4-cyclohexylisocyanate)	3	Paraquat, respirable particulates, Rd	3	Pindone	3
4,4'-Methylene dianiline	3	Parathion	4	α-Pinene	1B
Methylene bis (4-phenyl isocyanate) (MDI)	3	Particulates Not Otherwise Classified (PNOC), Td	1C	β-Pinene	1B
Metribuzin	2	Pentaborane	2	Piperazine dihydrochloride	3
Mica, Rd	3	Pentachloronaphthalene	3	Plaster of Paris, Td	1C
Mineral oil (mist)	3	Pentachloronitrobenzene	3	Plaster of Paris, Rd	1C
				Platinum, Metal	3
				Platinum [7440-06-4], Soluble salts (as Pt)	3

Polytetrafluoroethylene decomposition products	2	Sodium azide	1A	Tetryl	3
Portland cement, Td	1B	Sodium bisulfite	1B	Thallium, elemental [7440-28-0], and soluble compounds (as Tl)	3
Portland cement, Rd	1B	Sodium fluoroacetate	2	4,4'-Thiobis (6-tert-butyl-m-cresol)	1C
Potassium hydroxide	1A	Sodium hydroxide	1A	Thioglycolic acid	1B
Propane	1C	Sodium metabisulfite	1B	Thionyl chloride	1A
Propane sulfone	3	Borates, tetra, sodium salt , Anhydrous	1B	Thiram®	3
Propargyl alcohol	1B	Borates, tetra, sodium salt , Decahydrate	1B	Tin, Metal	3
β-Propiolactone	3	Borates, tetra, sodium salt , Pentahydrate	1B	Tin [7440-31-5], Organic compounds (as Sn)	3
Propionic acid	1B	Starch, Td	3	Tin [7440-31-5], Oxide and inorganic compounds, except SnH <sub>4</sub> (as Sn)	3
Propoxur (baygon)	4	Stibine (as Sb)	4	Titanium dioxide, Td	1C
n-Propyl acetate	1B	Stoddard solvent	4	o-Tolidine	3
n-Propyl alcohol	1B	Strontium chromate (as Cr)	3	Toluene	4
n-Propyl nitrate	2	Strychnine	2	Toluene diisocyanate (TDI) (isomers mixture)	3
Propylene	1C	Styrene (monomer)	4	o-Toluidine	4
Propylene glycol dinitrate	4	Subtilisin (Proteolytic enzymes as 100 % pure crystalline enzyme)	1C	m-Toluidine	2
Propylene glycol monomethyl ether	4	Succinaldehyde	1B	p-Toluidine	4
Propylene imine	3	Sucrose	1C	Tributyl phosphate	1B
Propylene oxide	3	Sulfometuron methyl	3	Trichloroacetic acid	1B
Pyrethrum	3	Sulfotep	4	1,2,4-Trichlorobenzene	1B
Pyridine	3	Sulfur dioxide	1B	1,1,2-Trichloroethane	4
Resorcinol	2	Sulfur hexafluoride	1C	Trichloroethylene	2
Rhodium [7440-16-6], Metal and insoluble compounds (as Rh)	3	Sulfur monochloride	1A	Trichlorofluoromethane	1A
Rhodium [7440-16-6], Soluble compounds (as Rh)	3	Sulfur pentafluoride	1A	Trichloronaphthalene	3
Ronnel	4	Sulfur tetrafluoride	1A	1,2,3-Trichloropropane	3
Rosin core solder pyrolysis products (as Formaldehyde)	3	Sulfuric acid	1B	1,1,2-Trichloro-1,2,2-trifluoroethane	2
Rotenone	4	Sulfuryl fluoride	3	Tri-o-cresyl phosphate	3
Rouge, Td	1C	Sulprofos	4	Triethanolamine	3
Rubber solvent (Naphtha)	2	2,4,5-T	1C	Triethylamine	4
Selenium and compounds (as Se)	4	Talc, fibrous	3	Triglycidyl isocyanurate (TGIC) (alpha)	3
Selenium hexafluoride (as Se)	4	Talc, non fibrous, Rd	3	Triglycidyl isocyanurate (TGIC) (beta)	3
Sesone	3	Tantalum [7440-25-7], metal and oxide dusts (as Ta)	1C	Triglycidyl isocyanurate (TGIC) (mixed isomers)	3
Silica, Amorphous, Diatomaceous earth (uncalcined), Td	1C	Tellurium and compounds (as Te)	4	Trimellitic anhydride	3
Silica - Amorphous, fumes, Rd	3	Tellurium hexafluoride (as Te)	2	Trimethyl benzene	3
Silica, Amorphous, fused, Rd	3	Temephos	4	Trimethyl phosphite	1B
Silica, Amorphous, gel, Rd	1C	TEPP	4	Trimethylamine	1B
Silica, Amorphous, precipitated, Td	1C	Terephthalic acid	1C	2,4,6-Trinitrotoluene (TNT)	3
Silica, Crystalline, Cristobalite, Rd	3	Terphenyls	1A	Triphenyl amine	1C
Silica, Crystalline, Quartz, Rd	3	1,1,2,2-Tetrabromoethane	4	Triphenyl phosphate	4
Silica, Crystalline, Tridymite, Rd	3	1,1,1,2-Tetrachloro-2,2-difluoroethane	4	Tungsten [7440-33-7] (as W) , Insoluble compounds	1C
Silica, Crystalline, Tripoli, Rd	3	1,1,2,2-Tetrachloro-1, 2-difluoroethane	4	Tungsten [7440-33-7] (as W) , Soluble compounds	2
Silicon, Td	1C	1,1,2,2-Tetrachloroethane	4	Turpentine	1B
Silicon carbide (non fibrous), Td	1C	Tetrachloronaphthalene	3	Uranium [7440-61-1] (natural) , Insoluble compounds (as U)	3
Silicon tetrahydride	2	Tetrahydrofuran	1B	Uranium (natural) [7440-61-1], Soluble compounds (as U)	3
Silver, Metal	3	Tetramethyl succinonitrile	2	n-Valeraldehyde	1B
Silver [7440-22-4], Soluble compounds (as Ag)	3	Tetranitromethane	4	Vanadium pentoxide, fume and res-	1B
Soapstone, Td	3	Tetrasodium pyrophosphate	1B		
Soapstone, Rd	3				

pirable dust (as V2O5)	
Vegetable oil mists (except castor, cashew and other similar irritant oils)	1C
Vinyl acetate	1B
Vinyl bromide	3
Vinyl chloride (monomer)	3
Vinyl cyclohexene dioxide	3
Vinyl toluene	1B
VM&P Naphtha	1B
Warfarin	4
Welding fumes (not otherwise classified)	2
Wood dust (western red cedar), Td	3
Wood dust hard and soft, except red cedar, Td	3
Xylene (o-,m-,p- isomers)	2
m-Xylene-alpha, alpha'-diamine	1A
Xylidine (mixed isomers)	3
Yttrium [7440-65-5], metal and compounds (as Y)	3
Zinc chloride, fume	2
Zinc chromates [13530-65-9;11103-86-9; 37300-23-5] (as Cr)	3
Zinc stearate	1C
Zinc, oxide, Dust, Td	1C
Zinc, oxide, Fume	2
Zirconium [7440-67-7] and compounds (as Zr)	1C